

Summer is finally Here

December 2020, January & February 2021

Newsletter

Body Tune-Up's

Linda Reeves
Certified Facilitator



Website: www.lindareevesperth.com
Access Webpage:
www.accessconsciousness.com/lindareeves

**Holidays No 7 Newsletter – December 2020,
January & February 2021**

Body Tune-Up's -

Linda Reeves 0438 114 555

Access Certified Facilitator

Website: www.lindareevesperth.com/shop

A big thank You to each and Everyone of You for being in my world, and Access® this Year, via Classes, Sessions, Online, Swaps, Website, Meets, Facebook Timeline/Page or Group, etc. And what a crazy Year it has been! How exciting is it to welcome the New Year very soon, and keep moving forward?

Welcoming you to:

The joy and ease for you and your body.

Access - "Empowers You to Know That You Know"

What if you can acknowledge this?

I started out in April 2010 attending my first Bars® Class and had no idea where it would take me. All I was asking for was "for my body to feel better and shed some of the pain". That was then. It started moving stuff and I chose more Classes.

The more I chose, the more things have changed. I did not believe it was possible until I received so much change. Over ten years later and facilitating ten of those, I have seen soooo much change in people who are willing to receive it.

I have asked for so much more, since those early days of Access® and most of it has shown up..... not always the way I would have liked it to! Ooops!!!! Access always is about asking lots of questions, so please ask questions to gain more awareness around what you are asking.

With more people showing up for Bars Classes and becoming aware, what else is possible and moving on into Foundation Classes. How much more consciousness could this create for Perth and WA?

Now the borders are open, there will be a "3 day Body Class" in Perth on 9th-11th January with Margaret Braunack for Qld. <https://rb.gy/lphgux>

How lucky are we? Would you be willing to support this as we haven't had any 3 day Body Classes for over almost 3 years? Margaret will also facilitate a "Relationship Done Different Intro" on evening of 8th January that may also be of interest to a lot of you.

Simone Milasas will also be facilitating an Advanced Body Class in Noosa Qld, if you can make it. There are pre-requisites, so please check them.

<https://rb.gy/nemhsi>

Among all the Classes that I facilitated last month, I chose to attend an online 3 day "Happy Mouth: Class hosted by Carol Daynes, after having done an intro in October with Carol. Shauna Teaken facilitated this Class and it was an absolute gift, using Access® Tools.

My sister Joy, whom a lot of you know, and I, did the 21 days of activations of points on the head before the 3 day Happy Mouth Class. Then after the Class we started the 2nd lot of activations. It has been a real commitment to not miss a day and keep going. Happy Mouth uses lots of Access® Tools to assist in creating the changes required, regarding the jaw, mouth, teeth, gums, and much more. I wonder what else is possible with this?

The long awaited Certified Facilitated Facilitators Re-registration/Training Class is now going to be online in February instead of December, due to the Covid issues. Normally, it is held in beautiful sunny Noosa, Qld and we travel over each year, so it will be very different.

How much can we be more of who we truly be? There are many pre-requisites to be done if it is a first time, and with repeating, there are quite a lot also, to be in the energy and the change that the world requires.

The following Access® Classes are being offered over the Holidays.

Great for Christmas Presents – Gift Vouchers Available

Registration: www.accessconsciousness.com/lindareeves - and click on "View upcoming Classes".

6th December 2020

Access 1 Day Bars® Class - No Pre-requisite – 1st time or repeats 9am-5.30pm

7th December 2020

Gift & Receive – Facelift Evening 7pm-10.30pm– Pre-requisite - If you have done the Facelift Class or 3 Day Body Class

9th December 2020

Gift & Receive – Bars Evening – 7pm-10.30pm. If you have done a Bars Class, so you can reciprocate the Bars.

12-15 December 2020 – 4 Days

The Foundation® Class – Pre-requisites – 1 Day Bars Class

4 days of miracles and magic that you truly be.



19th December 2020

Access 1 Day Bars® Class - No Pre-requisite 1st time or repeats 9am -5.30pm

20th December 2020

Access Body Process™ - No Pre-requisite

1. Zero Sum of Trauma
2. Magnetic Attraction to Repulsion of All Generative Energies and Restoration of All Generative Sexual Energies Embodied

21st December 2020

Gift & Receive – Facelift Evening 7pm-10.30pm – Pre-requisite - If you have done the Facelift Class or 3 Day Body Class

22nd December – 2nd February 2020

Money Calls – 13 x 1 hour Zoom calls, (2 calls per week) 6pm AWST with “How to Become Money Workbook”. This is round 5 for the year. Like to join? \$325 AUD for all 13 calls.

You will require this Book – To purchase -

https://www.accessconsciousness.com/en/shop-catalog/book/how-to-become-money-workbook/?a_aid=lindafaye&a_bid=9b40320e

Body can you contribute to the money to show up to gift what it is that you would like?

Gift & Receive – Bars Evening 7pm-10.30pm– If you have done a Bars Class, so you can reciprocate the Bars.

Classes over the Holidays

*In Perth
WA*

Bars , Foundation,, Body Processes, Facelift Live

Money Calls - 1st Class starts on 22nd Dec - 2nd Feb and
2nd Class starts on 7th Jan - 24th Feb - Online

*With Linda Reeves
Certified Facilitator*

A portrait of Linda Reeves, a woman with blonde hair, smiling, wearing a white lace-trimmed top. She is positioned on the right side of the banner.

**MERRY CHRISTMAS
&
HAPPY NEW YEAR!!!!!!!**

How much gratitude can we be and receive to create more change than we ever believed possible?

What would it take for us all to be the potency that changes the balance, and shift into more consciousness that the planet is waiting for?

How much fun and laughter can we all be?

Much gratitude to you All. Xo

2 – 5 January 2021 – 4 Days

The Foundation® Class – Pre-requisites – 1 Day Bars Class

Receive more and create the change you always wanted



4th January 2021

Gift & Receive – Facelift Evening 7pm-10.30pm– Pre-requisite - If you have done the Facelift Class or 3 Day Body Class

6th January 2021 - Gift & Receive – Bars Evening 7pm-10.30pm– If you have done a Bars Class, so you can reciprocate the Bars.



7th January – 23rd February 2021

Money Calls – 13 x 1 hour Zoom calls, 4pm AWST with:

“How to Become Money Workbook”. This is round 5 for the year. Like to join? ?

\$325 AUD for all 13 calls.

You will require this Book – To purchase -

https://www.accessconsciousness.com/en/shop-catalog/book/how-to-become-money-workbook/?a_aid=lindafaye&a_bid=9b40320e

What if you can stop judging your Body?



8th January 2021

Relationship Done Different – with Margaret Braunack – 6pm-9pm – Live and Online. Open to everyone to attend. <https://bit.ly/3mXyLFs>
Hosts Carol Daynes & Linda Reeves

9-11 January 2020 – EVENT Live.

3 Day Body Class with Margaret Braunack in PERTH, WA

Details: <https://rb.gy/lphgux>

With an amazing venue at City Beach Surf Lifesaving Club

Are you coming to join us?

Hosts: Carol Daynes, Linda Reeves, Sarah Andros

What if we could all be the invitation for this Class and acknowledge that we haven't had a 3 Day Body Class in Perth for over 2.5 years. I haven't been in one for 3.5 years, and am so looking forward to this class.

The amazing venue for 3 Day Body Class. Lots of cafes for lunch, the beach to wander down to, or even a swim in time out. How does it get any better than this



What if you could ask your body questions? What would you like to look like? Your body will show you if you listen. How much easier is this?

13th January 2021

Access Body Process™ - “Elimination & Eradication of Orders of Schematics Locked in Your Body”

15th January 2021

Access 1 Day Bars® Class - No Pre-requisite – 1st time or repeats

18th January 2021

Gift & Receive – Facelift Evening 7pm-10.30pm – Pre-requisite - If you have done the Facelift Class or 3 Day Body Class

20th January 2021

Gift & Receive – Bars Evening 7pm-10.30pm – If you have done a Bars Class, so you can reciprocate the Bars.

20th January 2021

Access Body Process™ - “Embodiment Of and As Space” – What if you could start being space?

22-25 January 2021

**The Foundation® Class – Pre-requisites – 1 Day Bars Class
How much are these Classes changing You and the World?**

29-31 January 2021- EVENT

Advanced Body Class with Simone Milasas in Noosa QLD

Please check the pre-requisites in Details.

Details: <https://rb.gy/nemhsi>

1st February 2021

Gift & Receive – Facelift Evening 7pm-10.30pm – Pre-requisite - If you have done the Facelift Class or 3 Day Body Class

3rd February 2021

Gift & Receive – Bars Evening 7pm-10.30pm – If you have done a Bars Class, so you can reciprocate the Bars.

4-7 February 2021 - 4 days

**The Foundation® Class – Pre-requisites – 1 Day Bars Class
What magic and possibilities can you create?**

What if you could ask your body questions? What would you like to look like? Your body will show you if you listen. How much easier is this?

8th February 2021

Access Energetic Facelift Class - No Pre-requisites – 1 day 9.30am-5pm

Learn to run the nurturing energies that creates so much change to the face and also your body.



ACCESS FACELIFT™
PERTH/QUEENS PARK WA

Such a Delight!!

**NURTURES THE FACE
&
THE WHOLE BODY.**

WITH LINDA REEVES – CERT. FACILITATOR

Body, what do you know that would assist me to have more ease with you?

10-14 February 2021

Certified Facilitators Class – Online

I wonder how many amazing new Certified Facilitators we welcome for this Class. I won't be available for facilitating Classes or sessions during this time.

15th February 2021

Gift & Receive – Facelift Evening 7pm-10.30pm – Pre-requisite - If you have done the Facelift Class or 3 Day Body Class

17th February 2021

Gift & Receive – Bars Evening 7pm-10.30pm – If you have done a Bars Class, so you can reciprocate the Bars.

21st February 2021

Access 1 Day Bars® Class - No Pre-requisite – 1st time or repeats

27 – 28 February – 1-2 March 2021 - 4 days

The Foundation® Class – Pre-requisites – 1 Day Bars Class

What magic and possibilities can you create?

Access® Holiday Tools to get you out of Trouble:

Saying these will shift the energy on.

1. How does it get any better than this?
2. What else is possible?
3. What is right about this I'm not getting?
4. What is right about me I'm not getting?
5. How can I be greater today than I was yesterday?
6. What do I know that I'm pretending to not know?
7. Is this heavy or light for me? Can you choose the light?
8. Ask a question.
9. What choices do I have here that I have not acknowledged?
10. How can I out-create myself today with total ease?

Play with these and see what works for you.

Nurturing your Body – Smiles, hugs, massage, touch.

Run Bars, Body Processes, Facelift or S.O.P. (Symphony of Possibilities)

Gratitude –

*What could you be grateful
For everyday that you
have on this amazing
planet?*



*How much do we choose,
and how much
from obligation?*

Gratitude is no judgment

*What will it look like
if we choose
gratitude?*

In Kindness and Caring

Linda Reeves



Classes and Sessions using Access® Tools
facilitated Here!!!!

If you would like a Session using Access® Tools:

Bars®

Body Processes™

Facelift™

SOP ® (Symphony of Possibilities) - live or online/Phone

House Clearing - live/online/ phone

Body Clearings – live//online/phone

Motivational Coaching – depending what required - live

All Classes can also be found in the Shop on Website:

<https://www.lindareevesperth.com/shop>

Thank you for taking the time to read this newsletter.

May you have the most amazing holiday ever so far.

See you all very soon.

Much gratitude

Linda Reeves ☺

Access® Certified Facilitator



Classes over the Holidays

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Money Calls - 1st Class starts on 22nd Dec - 2nd Feb and
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ALL OF LIFE COMES TO ME WITH EASE, JOY & GLORY®